



The Regulation and  
Quality Improvement  
Authority

Physique Face and Body Studio  
RQIA ID: 10729  
9 Fairgreen Street  
Irvinestown  
BT94 1FD

Inspector: Winnie Maguire accompanied by  
Dr Ian Gillan, RQIA's Medical Physics  
Advisor  
Inspection ID: IN24147

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Tel: 028 68621652

**Announced Follow Up Care Inspection  
of  
Physique Face and Body Studio**

**3 March 2016**

The Regulation and Quality Improvement Authority  
9th Floor Riverside Tower, 5 Lanyon Place, Belfast, BT1 3BT  
Tel: 028 9051 7500 Fax: 028 9051 7501 Web: [www.rqia.org.uk](http://www.rqia.org.uk)

## 1. Summary of Inspection

An announced follow up care inspection took place on 3 March 2016 from 10.30 to 12.30. On the day of the inspection the establishment was found to be delivering safe, effective and compassionate care. The outcome of the inspection found no areas for concern.

This inspection was underpinned by The Independent Health Care Regulations (Northern Ireland) 2005, The Regulation and Improvement Authority (Independent Health Care) (Fees and Frequency of Inspections) (Amendment) Regulations (Northern Ireland) 2011 and The Department of Health, Social Services and Public Safety's (DHSSPS) Minimum Care Standards for Healthcare Establishments 2014.

### 1.1 Actions/Enforcement Taken Following the Last Care Inspection

Other than those actions detailed in the previous QIP there were no further actions required to be taken following the last inspection.

### 1.2 Actions/Enforcement Resulting from this Inspection

Enforcement action did not result from the findings of this inspection.

### 1.3 Inspection Outcome

	Requirements	Recommendations
<b>Total number of requirements and recommendations made at this inspection</b>	0	0

This inspection resulted in no requirements or recommendations being made. Findings of the inspection can be found in the main body of the report.

## 2. Service Details

<b>Registered Organisation/Registered Person:</b> Physique Face and Body Studio Ms Stephanie Harpur	<b>Registered Manager:</b> Ms Stephanie Harpur
<b>Person in Charge of the Establishment at the Time of Inspection:</b> Ms Stephanie Harpur	<b>Date Manager Registered:</b> 8 February 2016
<b>Categories of Care:</b> PT(IL) Prescribed techniques or prescribed technology: establishments using intense light sources	

**IPL Equipment**

Manufacturer: Skin First  
 Model: Maxi Plus  
 Serial Number: MXP05250/A143D020279  
 Hand Piece 1: HKBD14110846  
 Hand Piece 2: HKBD14123590

**Laser Protection Advisor (LPA) – Dr Philip Loan**

**Laser Protection Supervisor (LPS) – Ms Stephanie Harpur**

**Medical Support Services – Dr Hazem Kahlout**

**Authorised Users - Ms Stephanie Harpur**  
 Ms Esther Prentice  
 Ms Rebecca Elliott

**Types of Treatment Provided – Hair Removal**  
 Acne  
 Rosacea  
 Thread veins  
 Pigmentation

**3. Purpose of Inspection**

This inspection was conducted as a follow up inspection to an announced inspection conducted 4 February 2016. The establishment was found to have a new IPL machine in place and a number of requirements and recommendations were made as a result of the inspection on 4 February 2016. Dr Ian Gillan RQIA's Medical Physics Advisor accompanied the inspector on the follow up inspection on 3 March 2016. Dr Gillan's report is appended to this report.

All requirements and recommendations made on 4 February 2016 were reviewed.

**4. Methods/Process**

Specific methods/processes used in this inspection include the following:

During the inspection the inspector met Ms Stephanie Harpur registered person/manager.

The following records were examined during the inspection:

- Five client care records
- Laser safety file
- IPL risk assessment
- IPL register
- Local rules
- Medical treatment protocols
- Training records

## The Inspection

A review of the previous requirements and recommendations for the inspection dated 4 February 2016 was undertaken.

## Requirements

**1. The registered provider must apply for variation of registration to include private doctor registration**

Ms Harpur has submitted an application for variation of registration to include private doctor registration. It is presently being processed by RQIA.

This requirement has been met

**2. The registered provider must ensure the newly appointed authorised user undertakes core of knowledge training.**

Core of knowledge training has been arranged for the newly appointed authorised user in the coming weeks.

This requirement has been met.

## Recommendations

**1. It is recommended the local rules reflect the Skin First IPL machine and in particular clearly outline the necessary protective eyewear for Skin First IPL machine.**

The local rules have been amended to fully reflect the Skin First IPL machine and outline the necessary protective eyewear for Skin First IPL machine. A further amendment was undertaken to include protective eyewear when the IPL equipment is used on or near the face.

This recommendation has been met.

**2. It is recommended evidence is available for inspection that all authorised users have undertaken safe use and application training for all treatments provided by the IPL machine.**

All authorised users have certificates in place outlining safe use and application training for all the treatments provided by the IPL machine.

This recommendation has been met.

**3. It is recommended evidence of mandatory training is available for inspection.**

Ms Harpur confirmed a date for Basic Life Support training has been arranged. Evidence was provided following inspection. All other mandatory training has been undertaken.

This recommendation has been met.

- 4. It is recommended to establish a bound book IPL register or number the loose leaf pages presently used to record IPL treatments and ensure client's full name is recorded.**

Review of the IPL register noted all pages are now numbered and the client's full name has been recorded.

This recommendation has been met.

- 5. It is recommended to use black ink when completing client records.**

Review of five client records found black ink had been used to complete the records.

This recommendation has been met.

- 6. It is recommended to create a laser safety file containing all relevant and up to date information relating to the IPL equipment currently in use and archive other information in line with the establishment's policy and procedure on record management.**

There is one laser safety file in place containing all relevant and up to date information relating to the IPL equipment currently in use. Ms Harpur confirmed other information has been archived in line with the establishment's policy and procedure on record management.

This recommendation has been met.

- 7. It is recommended all medical treatment protocols are in line with the IPL machine currently in use, contain the relevant information and are clearly signed and authorised by a medical practitioner**

Ms Harpur confirmed the medical practitioner providing medical support services was reviewing the medical treatment protocols and would be furnishing the establishment with signed and authorised medical treatment protocols within days. Evidence of signed and authorised medical treatment protocols was provided following inspection.

This recommendation has been met.

## **Conclusion**

All previous requirements and recommendations have been met and this inspection resulted in no requirements and recommendations being made.

No requirements or recommendations resulted from this inspection.

I agree with the content of the report.

Registered Manager	STEPHANIE HOPKIN	Date Completed	23-3-16
Registered Person	Stephanie Hopkin	Date Approved	23-3-16
RQIA Inspector Assessing Response		Date Approved	

Please provide any additional comments or observations you may wish to make below:

*\*Please ensure this document is completed in full and returned to [independent.healthcare@rqia.org.uk](mailto:independent.healthcare@rqia.org.uk) from the authorised email address\**

It should be noted that this inspection report should not be regarded as a comprehensive review of all strengths and weaknesses that exist in the service. The findings set out are only those which came to the attention of RQIA during the course of this inspection. The findings contained within this report do not absolve the registered person/manager from their responsibility for maintaining compliance with minimum standards and regulations.



<b>RQIA Inspector Assessing Response</b>	Winnie Maguire	<b>Date Approved</b>	10/05/16
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